Dear Parents and Caregivers,

Our Zone Swimming Team had a great day on Thursday. Mrs Owens and Miss McFayden report outstanding behaviour, great sportsmanship and persistence of all students. Congratulations to everyone. This year Lucas Borrow goes onto the next level to compete at the Regional Carnival. Good luck Lucas. (Please see Mrs Owens Sports Report)

On Monday we will run our School Cross Country. We are hoping for great weather this year. This is a little earlier than usual due to Zone Cross Country being held on 21st March. Parents are welcome to join us in the morning.

Mr Mathews is co-ordinating our fabulous school concert band this year. Our band conductor is Mr Michael Tierney. (Mr Jobson was unavailable). The band rehearse at Monday lunch and are continuing to play at our assemblies. We have many students wishing to join which is fabulous. Mr Mathews is busy organising instruments for hire and new music. We look forward to seeing the band grow and develop in 2012.

Our Stage 3 excursion this year is to Bathurst/Dubbo to coincide with their unit on Gold. Unfortunately the time frame was greatly reduced by the travel agent who took 4 weeks to confirm prices. My apologies to parents for the shortened notice. Payment plans are available as is student assistance to support students. Please come and see me if you would like to discuss support in this area.

On Thursday 8th March our school would like to hold our first ever:

**BINLESS LUNCH DAY**

Low waste lunches means we ask children to bring lunches with no, or minimal packaging, aiming to develop a greater awareness of how students and parents can reduce waste. It encourages all of us to look at alternatives to packaging. For a low waste lunch, think:

- Reusable lunchbox, containers, drink bottles, cutlery.
- Avoiding: cling wrap, pre-packaged items, disposable bags and drinks.

This is our first go at this. Mrs Gardiner will be supporting this program in classes. Even 1 or 2 small changes can make a huge difference.

Reduce, Reuse, Recycle

Jo Swadling
Principal

Quote of the week:-  You're braver than you believe and stronger than you seem and smaller than you think.  AA Milne
**DATES TO REMEMBER** — (Please note the newsletter is on our website each week.)
- dates are added to our calender

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>5th March</td>
<td>School Cross Country</td>
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<tr>
<td>6th March</td>
<td>Sue Russell—Principal of Cardiff high School</td>
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<td>8th March</td>
<td>Binless lunch day</td>
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<td>9th March</td>
<td>Sports Leadership Day at Cardiff High</td>
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<td>Winter PSSA trials</td>
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<td>12th March</td>
<td>P&amp;C Meeting—AGM 6.30pm -7.00pm</td>
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<td>Please let the office know if you would like to nominate for a position</td>
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<tr>
<td>21st March</td>
<td>Zone Cross Country</td>
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<td>23rd March</td>
<td>Infants Wetlands Excursion—to be advised</td>
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<td>26th March</td>
<td>Young Leaders Day</td>
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<td>27th -29th March</td>
<td>Stage 3 excursion to Dubbo</td>
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<td>3rd April</td>
<td>Leaders Anzac Service</td>
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<td>5th April</td>
<td>Easter Fun Day</td>
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**Canteen Roster**

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<tr>
<th>Day</th>
<th>Name</th>
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<tr>
<td>1/3</td>
<td>T. Clark L. Proudlock</td>
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<tr>
<td>2/3</td>
<td>T. Clark G. McSeveney</td>
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<tr>
<td>5/3</td>
<td>K. McGaw L. Pckin</td>
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<tr>
<td>6/3</td>
<td>A. Haylock D. Harrison</td>
</tr>
<tr>
<td>7/3</td>
<td>T. Clark R. Sproule</td>
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The canteen will be closed on 28th March if we cannot find volunteers to help. We have filled the other days only looking for one now.

**Sport News**

Congratulations to Lucas Borrow who has made the Swans Academy which aims to develop talent in NSW and guarantee that talent can go directly into the Sydney Swans playing list. A great achievement for Lucas with lots of dedication to training needed. We know he is up for the challenge.

**ENTERTAINMENT BOOKS**

Entertainment Books will be available through our school again this year. The price will remain the same at $60 per book with $12 of this going towards school fundraising. Cash, credit card and cheque payments will be accepted. Books will be available in early April. Bonus Offers on pre-ordered books are available now for books paid in full. Any enquiries please contact Donna 0421 286429

P&C would welcome donations of Easter Eggs & Mothers Day gifts for our fundraising. These can be handed in at the office.

**Thankyou for your support.**

**BOOK PACKS**

Please remember to pay for your child’s book pack. Payments can be made at the office with cash or cheque or by direct deposit (contact office for details).

Thank you to those parents who have paid for their child’s book pack already.
**Sport Report Week 6 2012**

Thank you to all the great students we have at Garden Suburb they represented our school in a Fabulous manner at the recent Zone Swimming carnival. Thank you to the parents and caregivers who helped transport our students and took time out of their day to assist in this carnival day.

Winners on the day included—
Zac Ambrose came 3rd—9yrs boys 25m Freestyle and Sam Corbett came 1st with Callum Slinn 2nd in the 12yr boys 25m Freestyle

Congratulations to Lucas Borrow who will be representing us at the Regional Carnival in 50m freestyle, 50m breaststroke and 50m backstroke. Well done Lucas.

Good luck to Thomas Douglass who will be representing us in Regional Tennis on Friday 2nd March. We wish you well.

Our Cross Country is next week (Monday 5th March) if you are a parent who would like to assist with this carnival your help would be greatly appreciated. Please see Mrs Owens if you can assist in the running of this day.

Thank you  Amy Owens

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**QUESTACON Science Circus** is coming to Newcastle.
Newcastle Museum, Workshop Way, HONEYSUCKLE
Friday 30th March 2012 anytime between 5pm -8pm
Saturday 31st March 2012 anytime between 10:30am -4pm

Admission to Newcastle Museum is free.
Please see Newcastle Museum website for conditions of entry
Children under 12years must be accompanied by an adult.

Enquiries: 0417 465028—sciencecircus.questacon.edu.au

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**CARDIFF OOSH**
Before & After School Care
Located at Cardiff Public School
7-9am and 3-6pm
Monday to Friday

Friends  Art & Craft
Fun  In-Centre Artists
Games  Theme days

For Bookings please:
Phone: 4956 8814 during hours of operation
Mob: 0425 304 062 during hours of operation
Email: cardiff.oosh@calm.org.au
Community Activities Lake Macquarie Inc.
Anyone who buys shoes from the “Athlete Foot” and mention Garden Suburb P.S. Will earn the school $$$$$, which will be collected at the end of the year. Please let friends and relatives know.